

# GROWING HEALTHY MINDS

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 **FIRST 5**  
RIVERSIDE

## RESOURCES IN YOUR AREA

### Mental Health Resources

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#### Riverside County Department of Mental Health

<http://rcdmh.org>

English: (951) 358-6895 Spanish: (951) 358-7113

**Preschool 0-5 Program/SET-4-School**

3075 Myers Street | Riverside, CA 92503

Below is a list of participating agencies and school districts. Please contact Riverside County Department of Mental Health directly for more information.

#### **PARTICIPATING AGENCIES:**

Riverside Department of Public Health

The Carolyn E. Wylie Center for Children,  
Youth and Families

Catholic Charities

Victor Community Supports

#### **PARTICIPATING SCHOOL DISTRICTS:**

Jurupa Unified School District

Lake Elsinore Unified School District

Nuview Union School District

Perris Elementary School District

Riverside Unified School District

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## Mental Health Resources *(continued)*

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### Family Service Association

<http://fsaca.org>

(951) 686-2920

#### Kids 1st Program

21250 Box Springs Road Suite 201 | Moreno Valley, CA 92557

Below is a list of participating agencies and school districts. Please contact Family Service Association directly for more information.

#### **PARTICIPATING AGENCIES:**

MFI Recovery

Riverside Latino Commission

#### **PARTICIPATING SCHOOL DISTRICTS:**

Banning Unified School District

Coachella Valley Unified School District

Desert Sands Unified School District

Hemet Unified School District

Jurupa Unified School District

Riverside Unified School District

Romoland School District

San Jacinto Unified School District

Val Verde Unified School District

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## Basic Needs Resources

### FIND Food Bank

[www.findfoodbank.org](http://www.findfoodbank.org)

Provides emergency food pantries, soup kitchens, senior centers, after school programs and shelters for homeless and abused women.

(760) 775-3663

83775 Citrus Ave. | Indio, CA 92201

### Hope Through Housing Foundation

[www.hopethroughhousing.org](http://www.hopethroughhousing.org)

Creates community change by providing services proven to have long-term benefits in individuals and neighborhoods threatened by crime, poverty, blight, and isolation.

(909) 483-2444

9065 Haven Avenue, Suite 100 | Rancho Cucamonga, CA 91730

### Lutheran Social Services of Southern California

[www.lsscc.org](http://www.lsscc.org)

LSS's Riverside Region operates two transitional living programs (TLP) for homeless women and children.

(951) 689-7847

Genesis House | 3772 Taft Street | Riverside, CA 92503

### Martha's Village and Kitchen

[www.marthasvillage.org](http://www.marthasvillage.org)

Provides services and food to homeless in Riverside County.

(619) 446-2109

83791 Date Avenue | Indio, CA 92201

## Other Health Services

### Blindness Support Services, Inc.

[www.blindnesssupport.com](http://www.blindnesssupport.com)

(951) 341-9244

3696 Beatty Drive, Suite A | Riverside, CA 92506

### Borrego Community Health Foundation (Formerly The Smile Factory Foundation)

[www.borregomedical.org](http://www.borregomedical.org)

Provides no cost urgent/essential dental care to underprivileged Head Start and preschool children. Its goal is to ensure that virtually every under-served 0-5 child is screened, diagnosed, and treated by a dental professional.

(760) 773-5747

41865 Boardwalk, Ste 210 | Palm Desert, CA 92211

### DPSS—Children Services Division —Youth and Family Services

[www.dpss.co.riverside.ca.us/ChildProtectiveServices.aspx](http://www.dpss.co.riverside.ca.us/ChildProtectiveServices.aspx)

(800) 442-4918

10769 Hole St. | Riverside 92503

### Eric M. Solander Youth and Family Resource Center

Their mission is to decrease risk factors in the lives of children five and under, their families and the community. The Arlanza

Community Partnership, a multi-disciplinary collaborative, invites public, private and community leaders and neighbors to participate in their monthly meetings.

(951) 351-2031

7801 Gramercy Place, Suite B | Riverside, CA 92503

### Hemet Valley Medical Center (Valley Health System)

[www.hemtvmc.com](http://www.hemtvmc.com)

Improves the health of children 0-5 through breastfeeding support and early follow up of the mother and newborn in the Birth and Beyond Center within the first week of life.

(951) 766-6472

1117 E. Devonshire Avenue | Hemet, CA 92543

### IEHP (Inland Empire Health Plan)

<http://www2.iehp.org>

Ensures that the children of Riverside County families with incomes at or below 350% of the Federal Poverty Level will be covered by Medi-Cal/dental insurance.

(909) 890-2000

303 E Vanderbilt Way | San Bernardino, CA 92423

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## Other Health Services *(continued)*

### John F. Kennedy Memorial Foundation

[www.jfkfoundation.org](http://www.jfkfoundation.org)

*Provides one-on-one clinic and in-home visitation programs combining Healthy Steps and Reach Out & Read programs.*

(760) 776-1600

73-555 San Geronio Way | Palm Desert, CA 92260

### Loma Linda University School of Dentistry

[www.dentistry.llu.edu](http://www.dentistry.llu.edu)

*Dental services for developmentally delayed children to include a pilot program to address and alleviate barriers to dental health care for children 0-5 with special needs. Proposed services would encompass screening, treatment and prevention (i.e. Fluoride Varnish Clinics) services for developmentally delayed children.*

(909) 907-2441

24888 Prospect Avenue | Loma Linda, CA 92350

### National Center For Missing & Exploited Children

[www.missingkids.com](http://www.missingkids.com)

*Established as a private organization serving as a clearinghouse of information on missing and exploited children. Offers assistance to the public, law enforcement agencies and social service professionals. Distributes photographs and descriptions of missing children worldwide. Aides in child protective measures for the protection of all children.*

(800) 843-5678

### National Pediatric Support Services, Inc.

[www.npssinc.com](http://www.npssinc.com)

(714) 545-4647

150 Paularino Avenue, Suite 179 | Costa Mesa, CA 92626

### Palo Verde Unified School District DOLPHINS Program

[www.pvUSD-bly.k12.ca.us](http://www.pvUSD-bly.k12.ca.us)

*The program provides nutrition and physical activity sessions to promote obesity prevention and to increase physical activity to children throughout the Palo Verde Valley.*

(951) 688-2211

811 W. Chanslor Way | Blythe, CA 92225

### Parkview Community Hospital

<http://pchmc.org>

*The hospital will assure that the staff and parents are well informed and that the mothers are enabled to be successful in their desire to breastfeed.*

(951) 688-2211

3865 Jackson Street | Riverside, CA 92503

### Riverside Community Hospital

[www.rchc.org](http://www.rchc.org)

*The hospital will assure that the staff and parents are well informed and that the mothers are enabled to be successful in their desire to breastfeed.*

(951) 788-3100

4445 Magnolia Avenue | Riverside, CA 92501

### Riverside County Department of Public Health —Immunization

[www.rivco-diseasecontrol.org/diseas25.htm](http://www.rivco-diseasecontrol.org/diseas25.htm)

*The Riverside County Community Health Agency Immunization Program will protect and improve the health status of children by increasing the number and percent of children 0-5 years-old who receive age-appropriate immunizations.*

(951) 358-5107

4065 County Circle Drive, Suite 403 | Riverside, CA 92503

### Riverside County Department of Public Health —Injury Prevention Services

[www.rivcoips.org](http://www.rivcoips.org)

*The program's goal is to prevent infant and childhood injuries and fatalities in the County of Riverside by providing families with resources, safety supplies and information.*

(951) 358-5487

4065 County Circle Drive, Suite 403 | Riverside, CA 92503

### Riverside County Department of Public Health —Loving Support Breastfeeding Program

[www.loving-support.org](http://www.loving-support.org)

*Improve the health, social-emotional and developmental status of children by providing accessible and comprehensive breastfeeding education, support and assistance.*

(951) 358-5306

4065 County Circle Drive, Suite 207 | Riverside, CA 92503

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## Other Health Services *(continued)*

### Riverside County Department of Public Health —Families As Partners in Health

[www.rivcoho.org/mcah/afs.htm](http://www.rivcoho.org/mcah/afs.htm)

*An evidence based home visitation program designed to assist overburdened families who are at risk for child abuse and neglect and other adverse childhood experiences.*

(951) 358-5347

4065 County Circle Drive, Suite 208 | Riverside, CA 92503

### Riverside County Department of Public Health —Nurse Family Partnership

[www.nursefamilypartnership.org](http://www.nursefamilypartnership.org)

*An evidence based, nurse home visitation program that improves birth, infant health, and parenting outcomes for low-income first time mothers.*

(951) 358-5301

4065 County Circle Drive, Suite 208 | Riverside, CA 92503

### Riverside County Office on Aging —Grandparents Raising Grandchildren

[www.rcaging.org/opencms/Home/index.html](http://www.rcaging.org/opencms/Home/index.html)

*This program provides 70 subsidized child care slots for grandparents caring for their grandchildren, who require child care and are low to moderate income. Program also provides family assessment and follow-up services for those in need.*

(951) 867-3800

6296 River Crest Drive, Suite K | Riverside, CA 92507

### Riverside County Regional Medical Center

[www.rcrmc.org/home](http://www.rcrmc.org/home)

*Dental Program that screens and provides oral health education to approximately 2,800 children age 5 and under living in Riverside.*

(951) 201-1860

26520 Cactus Avenue | Moreno Valley, CA 92555

## Parenting Classes and Learning Oportunities For You and Your Baby

### Abundant Love

*Provides a Foster Family support cluster; babysitting, handyman, homemade blankets, house/yard work, prayer, support coordinator, tutor, misc.*

3510 Adams St. | Riverside, CA 92504

### Assistance League Riverside

[www.riverside.assistanceleague.org](http://www.riverside.assistanceleague.org)

*Reading Together program aimed to encourage teen parents to read with their infants, toddlers and preschoolers.*

(951) 682-3445

3707 Sunnyside Dr. | Riverside, CA 92506

### Bermuda Dunes Learning Center

*Program provides 51 infant/toddler spaces (including 15 full infant/toddler scholarships).*

(760) 861-2587

42115 Yucca Lane | Bermuda Dunes, CA 92203

### California Family Life Center

[www.cflckids.org](http://www.cflckids.org)

*Program provides the Preschool in a Box & Parent As Teachers (PAT) curriculum to 46 parents/caregivers of 60 foster children*

*placed in kinship care. Early literacy activities are incorporated within a home visitation program.*

(951) 765-6955

P.O. Box 727 | Hemet, CA 92546

### California Family Life Center/KinCare

[www.cflckids.org/site/kinicare.aspx](http://www.cflckids.org/site/kinicare.aspx)

*Assists in filling out Guardianship papers, conflict resolution coaching, counseling for caregiver & children, relative caregiver support groups, sponsors parenting classes & tutoring programs.*

(951) 765-6955

930 N. State Street | Hemet, CA 92543

### Eagles Wings Community Outreach Center, Inc.

[www.ewcocinc.org](http://www.ewcocinc.org)

*Program will give caregivers information and training to help them provide a "preschool experience" in the home for the child at little or no cost. Program will improve caregivers' ability to support their children's learning and development; present parenting education activities and literacy training activities; and improve social-emotional and development status of children 0-5.*

(760) 772-7127

1201 North A Street | Perris, CA 92570

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## Parenting Classes and Learning Opportunities For You and Your Baby *(continued)*

### The Foundation for Community and Family Health

[www.communityandfamily.org](http://www.communityandfamily.org)

Parent education workshops are offered to 70 parents/caregivers using the "Systemic Training for Effective Parenting" (STEP) curriculum.

(951) 270-0536

815 W. Sixth Street, Suite 110 | Corona, CA 92882

### Inland Valley of Riverside Foster Parent Association

Supports out of home care providers, Foster care classes, recruit and retain support, education for foster parents, tutoring foster youth association.

(951) 242-2204

16722 Via Alegris | Moreno Valley, CA 92551

### Mt. San Jacinto Community College

[www.msjc.edu/Pages/default.aspx](http://www.msjc.edu/Pages/default.aspx)

Provides parenting education & family literacy services to 600 parents. A monthly series of parenting workshops are provided as well as an early literacy program, 'Please Read with Me' to 70 parents/caregivers.

(951) 487-6752

Mt. San Jacinto Campus

1499 North State Street | San Jacinto, CA 92583

### Palm Springs Unified School District

[www.psusd.us](http://www.psusd.us)

Provides parent education workshops.

(760) 416-6000

980 East Tahquitz Canyon Way | Palm Springs, CA 92262

### Perris Valley Family Resource Center and Referrals

(951) 826-6626

Riverside County Department of Public Social Services (DPSS)

371 Wilkerson Ave. Ste L

Perris, CA 9270

## Childcare

### ABC Child Care Village

[www.anccares.com](http://www.anccares.com)

Assists in filling out Guardianship papers, conflict resolution coaching, counseling for caregiver & children, relative caregiver support groups, sponsors parenting classes & tutoring programs.

(951) 491-0940

40045 Village Road | Temecula, CA 92591

### Alvarez Unified and Preschool

(951) 689-7022

### Alvord/Foothill Child Care

(951) 637-5587

8230 Wells Ave | Riverside, CA 92503

### Arlanza Child Care

(951) 352-2810

7801 Gramercy Place | Riverside CA 92503

### BANDA Family Child Care

(951) 929-4773

52-295 Dos Palmas | Coachella, CA 92236

### Barajas Family Child Care

(760) 396-0276

84512 Corte Cindarella | Coachella, CA 92236

### Box Springs Child Care

(951) 686-0137

21250 Box Springs | Moreno Valley 92557

### California's Child Care Resource & Referral Network

[www.rrnetwork.org](http://www.rrnetwork.org)

415-882-0234 / 1-800-KIDS-793

111 New Montgomery Street | San Francisco, CA 94105

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## Childcare *(continued)*

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### **Carranza Family Child Care**

(760) 398-5094  
1192 Evergreen Circle | Beaumont, CA 92223

### **Carrasco Family Child Care**

(760) 398-4627  
4191 Alta Vista Dr. | Riverside, CA 92506

### **Casa Blanca Infant/Toddler Center**

(951) 845-1553  
2010 Martin Luther King Blvd. | Riverside, CA 92507

### **Children's Montessori Center**

<http://cmcsdo.com>  
(951) 369-8108  
2791 Green River Road, Suite 112 | Corona, CA 92882

### **Clara Salado Child Care**

(951) 683-8935  
83-270 Avenue 51 | Coachella, CA 92236

### **College of the Desert (McCarthy Family Child Care Development and Training Center)**

(951) 735-5490  
43500 Monterey Avenue | Palm Desert, CA 92260

### **Escuela De La Raza Unida**

(760) 398-5569  
137 N. Broadway | Blythe, CA 92225

### **First School of the Desert**

[www.firstschool.net](http://www.firstschool.net)  
*Assists in filling out Guardianship papers, conflict resolution coaching, counseling for caregiver & children, relative caregiver support groups, sponsors parenting classes & tutoring programs.*  
(760) 922-2582  
44-996 Adam Street | La Quinta, CA 92253

### **Garcia Family Child Care**

[www.garciadaycare.com](http://www.garciadaycare.com)  
(951) 656-7824  
44594 Windsor Drive | Indio, CA 92201

### **The Goddard School**

[www.goddardschool.com](http://www.goddardschool.com)  
(760) 799-2981  
41755 Juniper Street | Murrieta, CA 92562

### **Hemet Child Care**

(951) 925-2160  
41931 E. Florida Ave. | Hemet 92543

### **Hemlock Child Care**

(951) 243-3192  
23270 Hemlock Ave. | Moreno Valley 92557

### **Huerta Family Child Care**

(760) 347-9969  
894 Lido Lane | Blythe, CA 92225

### **Jaquez Family Day Care**

(951) 461-4477  
52211 Dos Palmas | Coachella, CA 92236

### **Just Say Kids (Jerome Family Child Care)**

(760) 922-3206  
PO Box 1356 | Banning, CA 92220

### **Kennerson Kid Care**

(760) 398-3909  
12152 Odessa Drive | Moreno Valley, CA 92557

### **La Sierra Child Care**

(951) 343-0979  
4601 Pierce Street | Riverside, 92505

### **Learning Tree Preschool**

(951) 849-5432  
26704 Murrieta Rd. | Sun City, CA 92585

### **Lucky Kids Child Development Center**

[www.luckykids.us](http://www.luckykids.us)  
(951) 242-4744  
8201 Arlington Avenue, Suite #C-G | Riverside, CA 92503

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## Childcare *(continued)*

### **Magnolia Y Child Care**

(951) 353-0129  
8172 Magnolia Ave. | Riverside 92504

### **Martha's Village and Kitchen**

[www.marthasvillage.org](http://www.marthasvillage.org)  
(951) 679-3010  
83791 Date Avenue | Indio, CA 92201

### **McCullough Family Day Care**

(619) 446-2109  
2140 Girasol Avenue | Palm Springs, CA 92262

### **Mead Valley Child Care**

(951) 657-2889  
21091 Rider Street | Perris 92570

### **Mendoza Family Child Care**

(760) 342-9488  
82-392 Painted Canyon Ave. | Indio, CA 92201

### **Mosley Family Child Care (Family First)**

(760) 322-1294  
68385 Encinitas Road | Cathedral City, CA 92234

### **Nati Fuentes Centro de Ninos**

(951) 683-8935  
Concilio Child Development Centers  
2010 Martin Luther King Blvd. | Riverside, CA 92507

### **Olive Wood Child Care**

(951) 924-6100  
23268 Olive Wood Plaza | Moreno Valley 92553

### **Palm Springs Christian School Inc., dba Desert Son-Shine Preschool & Kindergarten**

(760) 325-2435  
1800 Via Negocio | Palm Springs, CA 92262

### **Palm Springs Unified School District**

[www.psusd.us](http://www.psusd.us)  
(951) 683-8935  
980 East Tahquitz Canyon Way | Palm Springs, CA 92262

### **Rawlins' Child Development Center**

[www.firstschool.net](http://www.firstschool.net)  
(951) 642-8234  
18215 Clark Street | Perris Ca. 92570

### **Riverside County Office of Education (RCOE)**

[www.rcoe.k12.ca.us](http://www.rcoe.k12.ca.us)  
*888-296-5437/PRICE parenting, training licensed child care providers, has subsidized child care for income eligible families, Head-Start pre-school program serves children 3-5 y/o for income eligible 800-600-1800, offers childcare in court for families who are in court for a hearing.*  
(951) 826-6530  
3939 13th St. | Riverside, CA 92502

### **Riverside County Child Care Consortium/LPC**

[www.riversidechildcare.org](http://www.riversidechildcare.org)  
(951) 248-0015  
2010 Iowa Ave., Suite 100 | Riverside, CA 92507

### **Rocha Family Child Care**

(760) 396-5147  
65122 Mario Circle | Mecca, CA 92254

### **Rubidoux Child Care**

(951) 274-7943  
5765 42nd Street | Rubidoux 92509

### **Sadler Family Child Care**

(951) 642-8234  
73-780 Krug Avenue | Palm Desert, CA 92260

### **Salinas Family Child Care**

(760) 398-3478  
84-486 Julia Drive | Coachella, CA 92236

### **San Bernardino Superintendent of Schools —KidsNCare**

[cds.kidsncare.com](http://cds.kidsncare.com)  
(760) 341-8412  
1111 Mill Street | San Bernardino, CA 92408



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## Childcare *(continued)*

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### San Geronio Child Care Consortium

(951) 849-2930  
671 N. Florida St., Suite A  
Banning, CA 92220

### Stepping Stones Child Development Center

[www.sschilddevelopment.com](http://www.sschilddevelopment.com)  
(760) 398-3478  
29910 Hunter Road | Murrieta, CA 92563

### Temple Bethel Child Development Center

[www.templebethelcdc.com](http://www.templebethelcdc.com)  
(909) 890-0018  
2675 Central Avenue | Riverside, CA 92506

### Thousand Palms Child Care Center

(951) 526-2850  
72400 La Canada Way | Thousand Palms, CA 92276

### Tiffany Nash (Nash-Jordon Family Child Care)

(760) 343-2163  
1008 Driftwood Circle | Banning, CA 92220

### Tiny Tots Child Care

(951) 849-2152  
19752 Shadowbrook Way | Riverside, CA 92508

### Tot Spot Daycare & Preschool, Inc.

[www.totspotdaycareandpreschool.com](http://www.totspotdaycareandpreschool.com)  
(951) 766-5081  
1069 Marlow Lane | Hemet, CA 92545

### V.I.P. TOTS

[www.viptots.org](http://www.viptots.org)  
(951) 766-5081  
41591 Florida Avenue | Hemet, CA 92544

### West Hemet Child Care

(951) 658-8181  
790 W. Acacia Ave. | Hemet 92543

### Woodcrest Montessori Education Center, Inc.

(951) 929-8585  
16191 Washington Street | Riverside, CA 92504

## Other Resources

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### Arlington Library

*Community events scheduled regularly at the library.  
Free resources available.*

(951) 689-0612  
9556 Magnolia Ave.  
Riverside, CA 92503

### Corona Public Library

(951) 736-2381  
650 S. Main St.  
Corona, CA 92882

### Riverside County Library

(951) 955-1158  
5840 Mission Blvd.  
Riverside, CA 92509

### Woodcrest Library

(951) 789-7324  
16625 Krameria  
Riverside, CA 92504